

Abstract Title:-

Proactive Strategies for Behavioral Crisis Prevention

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Abstract:

Individuals with developmental disorders—particularly those diagnosed with Autism Spectrum Disorder—often display a range of behavioral challenges that can limit learning opportunities and hinder meaningful social inclusion. These behaviors may escalate and become dangerous, posing risks not only to the individual but also to family members, educators, therapists, and caregivers.

Behavioral crises can include severe aggression, self-injury, tantrums, and destructive actions. Such crises require both proactive prevention strategies and immediate response plans to ensure the safety of everyone involved. Effective crisis prevention reduces escalation, minimizes harm, and allows professionals to maintain structured and supportive learning environments.

This workshop highlights proactive intervention strategies grounded in the scientific principles of Applied Behavior Analysis (ABA). It focuses on recognizing early warning signs, identifying causes of escalation, and applying preventive steps that decrease the likelihood of severe behavior.

Workshop Description:

This workshop provides an overview of preventive behavioral intervention strategies and their scientific foundations based on ABA principles. The focus is on developing safe environments and proactive behavior plans to reduce escalation and minimize risk for individuals vulnerable to behavioral crises.

Learning Objectives:

Participants will be able to:

- Understand key principles of behavior and Applied Behavior Analysis (ABA).
- Identify the fundamentals of functional behavior assessment.
- Recognize the main causes and contributing factors of behavioral crises.
- Apply strategies to prevent escalation and reduce severe or aggressive behavior.
- Implement de-escalation techniques to prevent crises from developing into violent situations.

Keywords:

Behavior; Crisis; Strategies

Short Professional Biography:

Ahmad Eid is a consultant specializing in **Applied Behavior Analysis (ABA)** and **Speech & Language Pathology (SLP)**. He holds a **Master's degree in Speech and Language Disorders** from the University of Jordan and a **Master's degree in Applied Behavior Analysis** from the University of Nevada, Reno. He is a **Board Certified Behavior Analyst (BCBA)** and a **Qualified Behavior Analyst (QBA)**. His professional work focuses on behavioral assessment, crisis prevention, and evidence-based intervention for individuals with developmental and behavioral challenges.